

Private health plan rankings from NCQA

Ranked plans, in rank order within states.

Best Value Worse than average Better than average

ARIZONA						
173	Cigna HealthCare of Arizona (HMO/POS)	82	3			
194	UnitedHealthcare of Arizona (HMO)	82	3	✓		
204	Cigna Health and Life Insurance (PPO)	82	3			
204	Connecticut General Life Insurance (Cigna) (PPO)	82	3	✓		
223	Health Net of Arizona (HMO)	81	3			
223	UnitedHealthcare Insurance (PPO)	81	3	✓		
278	UnitedHealthcare Services (PPO)	81	3			
298	Aetna Health (Pennsylvania) (HMO/POS)	80	3		✓	
333	Aetna Life Insurance (PPO)	80	3			
370	Humana Health Plan of Arizona (HMO/POS)	79	3			
399	Humana Insurance (PPO)	78	3			
480	Blue Cross Blue Shield of Arizona (PPO) ¹	64	3			
ARKANSAS						
420	UnitedHealthcare Insurance (PPO)	77	3			
420	UnitedHealthcare Services (PPO)	77	3			
444	Aetna Life Insurance (PPO)	75	3			
CALIFORNIA						
7	Kaiser Foundation Health Plan of Northern California (HMO)	89	3	✓	✓	✓
17	Kaiser Foundation Health Plan of Southern California (HMO)	88	3	✓	✓	
101	Sharp Health Plan (HMO)	83	3	✓	✓	
227	Western Health Advantage (HMO)	83	3	✓	✓	
227	UnitedHealthcare Insurance (PPO)	81	3	✓	✓	✓
228	UnitedHealthcare Services (PPO)	81	3			
268	Cigna Health and Life Insurance (PPO)	81	3			
268	Connecticut General Life Insurance (Cigna) (PPO)	81	3		✓	
288	Cigna HealthCare of California (HMO/POS)	81	3			
296	Health Net Life Insurance (PPO)	80	3		✓	
313	Aetna Life Insurance (PPO)	80	3	✓		
329	Blue Shield of California (HMO/POS)	80	3		✓	
329	Anthem Blue Cross (PPO)	80	3	✓		
325	Anthem Blue Cross Life and Health Insurance (PPO)	80	3			
335	Anthem Blue Cross (HMO/POS)	80	3			
344	UnitedHealthcare of California (HMO)	80	3		✓	
346	Health Net of California (HMO/POS)	80	3		✓	
395	Aetna Health of California (HMO/POS)	78	3			
414	Blue Shield of California (PPO)	77	3			
414	Blue Shield of California Life & Health Insurance (PPO)	77	3			
COLORADO						
7	Kaiser Foundation Health Plan of Colorado (HMO)	89	3	✓	✓	✓
75	Cigna HealthCare of Colorado (HMO/POS)	84	3	✓	✓	
151	HMO Colorado (HMO/POS)	84	3	✓	✓	
151	Aetna Life Insurance (PPO)	83	3	✓	✓	✓
170	Cigna Health and Life Insurance (PPO)	82	3			
170	Connecticut General Life Insurance (Cigna) (PPO)	82	3	✓	✓	✓
221	UnitedHealthcare Insurance (PPO)	82	3	✓	✓	✓
221	UnitedHealthcare Services (PPO)	82	3			
271	Aetna Health (Pennsylvania) (HMO/POS)	81	3			
280	Humana Health Plan (HMO/POS)	81	3			
457	Rocky Mountain HealthCare Options (PPO) ³	67	3	✓	✓	✓
457	Rocky Mountain Health Plans (HMO) ³	67	3	✓		
CONNECTICUT						
29	Anthem Blue Cross and Blue Shield in Connecticut (HMO/POS)	87	3			
46	ConnectiCare (HMO/POS)	86	3	✓		
59	Aetna Life Insurance (PPO)	85	3			
65	Oxford Health Plans (HMO/POS)	85	3		✓	
72	Cigna Health and Life Insurance (PPO)	85	3			
72	Connecticut General Life Insurance (Cigna) (PPO)	85	3			
80	Aetna Health (HMO/POS)	84	3		✓	
116	UnitedHealthcare Insurance (PPO)	83	3			
116	UnitedHealthcare Services (PPO)	83	3			
131	Oxford Health Insurance (PPO)	83	3			
131	Oxford HealthCare of Connecticut (HMO/POS)	83	3			
DELAWARE						
105	Highmark BCBSO (HMO/POS)	83	3		✓	
105	AmeriHealth HMO (HMO/POS)	83	3			
207	Aetna Health (Pennsylvania) (HMO/POS)	82	3		✓	
239	Optimum Choice (HMO/POS)	81	3			
247	UnitedHealthcare Insurance (PPO)	81	3		✓	
247	UnitedHealthcare Services (PPO)	81	3			
330	Cigna Health and Life Insurance (PPO)	80	3			
330	Connecticut General Life Insurance (Cigna) (PPO)	80	3			
339	Aetna Life Insurance (PPO)	80	3		✓	
456	Highmark BCBSO (PPO) ¹	68	3			
460	Coventry Health Care of Delaware (HMO/POS) ³	67	3		✓	
DISTRICT OF COLUMBIA						
16	Kaiser Foundation Health Plan of the Mid-Atlantic States (HMO)	88	3	✓	✓	✓
96	Cigna Health and Life Insurance (HMO/POS)	84	3			
96	Connecticut General Life Insurance (Cigna) (PPO)	84	3		✓	
152	MD - Individual Practice Association (HMO/POS)	83	3	✓	✓	
152	MD - Individual Practice Association (HMO/POS)	82	3	✓	✓	✓
180	Aetna Life Insurance (PPO)	82	3		✓	
220	UnitedHealthcare of the Mid-Atlantic (HMO/POS)	82	3			
224	Cigna Health and Life Insurance (PPO)	81	3	✓		
224	Connecticut General Life Insurance (Cigna) (PPO)	81	3			
239	Optimum Choice (HMO/POS)	81	3			
262	UnitedHealthcare Insurance (PPO)	81	3		✓	
262	UnitedHealthcare Services (PPO)	81	3			
283	Group Hospitalization and Medical Services (PPO)	81	3			
289	CareFirst BlueChoice (HMO/POS)	81	3			
289	Mam's Life and Health Insurance (PPO) ¹	67	3	✓		
FLORIDA						
15	Capital Health Plan (HMO)	88	3	✓		
100	Health First Health Plans (HMO)	83	3	✓		
123	Florida Health Care Plans (HMO/POS)	83	3	✓	✓	✓
147	AvMed Health Plans (HMO/POS)	83	3	✓		✓
166	Cigna HealthCare of Florida (HMO/POS)	82	3			
209	Aetna Life Insurance (PPO)	82	3	✓		
218	Cigna Health and Life Insurance (PPO)	82	3			
218	Connecticut General Life Insurance (Cigna) (PPO)	82	3	✓		
241	Humana Medical Plan - Florida (HMO/POS)	81	3		✓	
281	Aetna Health (HMO/POS)	81	3			
309	UnitedHealthcare Insurance (PPO)	80	3		✓	
329	UnitedHealthcare Services (PPO)	80	3			
329	Health Options (HMO)	80	3			
336	Neighborhood Health Partnership (HMO/POS)	80	3		✓	
355	UnitedHealthcare of Florida (HMO/POS)	79	3			
437	Blue Cross Blue and Shield of Florida (Florida Blue) (PPO) ²	65	3	✓		
GEORGIA						
20	Kaiser Foundation Health Plan of Georgia (HMO)	88	3	✓	✓	✓
149	Aetna Life Insurance (PPO)	83	3	✓	✓	✓
191	Cigna Health and Life Insurance (PPO)	82	3			
212	Connecticut General Life Insurance (Cigna) (PPO)	82	3	✓		
212	Aetna Health (HMO/POS)	82	3		✓	
260	Blue Cross Blue Shield Healthcare Plan of Georgia (HMO/POS)	81	3	✓		
260	UnitedHealthcare Insurance (PPO)	81	3	✓		✓
260	UnitedHealthcare Services (PPO)	81	3			
282	Humana Employers Health Plan of Georgia (HMO/POS)	81	3			
303	Cigna HealthCare of Georgia (HMO/POS)	81	3			
326	UnitedHealthcare of Georgia (HMO/POS)	80	3			
424	Blue Cross Blue Shield of Georgia (PPO)	77	3			
HAWAII						
25	Kaiser Foundation Health Plan - Hawaii (HMO)	87	3	✓		
44	Hawaii Medical Service Association (Federal Plan 87) (HMO/POS)	86	3	✓		
70	Hawaii Medical Service Association (PPO)	85	3		✓	
70	Hawaii Medical Service Association (HMO/POS)	84	3			
IDAHO						
52	Group Health Cooperative (HMO)	85	3		✓	
153	SelectHealth (HMO/POS)	83	3			
380	UnitedHealthcare Insurance (PPO)	79	3		✓	
380	UnitedHealthcare Services (PPO)	79	3			
434	Aetna Life Insurance (PPO)	76	3			
458	Group Health Options (HMO/POS) ²	67	3			
482	PacificSource Health Plans - Idaho (PPO) ³	60	3			
ILLINOIS						
55	Health Alliance Medical Plans (HMO/POS)	85	3		✓	
83	Coventry Health Care of Illinois (HMO/POS)	84	3	✓	✓	✓
109	Cigna Health and Life Insurance (PPO)	83	3		✓	✓
109	Connecticut General Life Insurance (Cigna) (PPO)	83	3	✓	✓	✓
148	Health Alliance Medical Plans (PPO)	83	3	✓	✓	✓
179	UnitedHealthcare of the Midwest (HMO/POS)	82	3			
208	Aetna Life Insurance (PPO)	82	3			
245	Coventry Health Care of Illinois (PPO)	81	3	✓	✓	✓
277	Humana Insurance (PPO)	81	3		✓	
290	UnitedHealthcare Insurance (PPO)	81	3			
290	UnitedHealthcare Insurance - Illinois (PPO)	81	3			
290	UnitedHealthcare Services (PPO)	81	3			
312	HMO Illinois and Blue Advantage HMO (HMO)	80	3			
314	UnitedHealthcare Plan of the River Valley (HMO/POS)	80	3			
345	UnitedHealthcare Services of the River Valley (HMO/POS)	80	3			
353	Cigna HealthCare of St. Louis (HMO/POS)	80	3			
374	Cigna Health (Pennsylvania) - Illinois (HMO/POS)	80	3			
374	Humana Health Plan - Chicago Market (HMO/POS)	79	3			
412	Humana Benefit Plan of Illinois (HMO/POS) ¹	66	3			
INDIANA						
90	Anthem Blue Cross and Blue Shield in Indiana (HMO)	84	3			
240	Aetna Life Insurance (PPO)	81	3			
310	HMO Illinois and Blue Advantage HMO (HMO)	80	3			
318	Aetna Health (Pennsylvania) - Ohio (HMO/POS)	80	3			
352	Aetna Health (Pennsylvania) - Illinois (HMO/POS)	80	3			
353	Cigna HealthCare of Illinois (HMO/POS)	79	3			
359	UnitedHealthcare Insurance (PPO)	79	3			
359	UnitedHealthcare Services (PPO)	79	3			
363	ADVANTAGE Health Solutions (HMO/POS)	79	3			
363	Anthem Blue Cross and Blue Shield in Indiana (HMO/POS)	78	3			
412	Cigna Health and Life Insurance (PPO)	78	3			
412	Connecticut General Life Insurance (Cigna) (PPO)	78	3			
IOWA						
55	Health Alliance Medical Plans (HMO/POS)	85	3		✓	
63	Medical Associates Health Plan (HMO/POS)	83	3		✓	✓
89	Wellmark Health Plan of Iowa (HMO/POS)	84	3	✓	✓	✓
99	Gundersen Health Plan (HMO)	84	3	✓	✓	✓
148	Health Alliance Medical Plans (PPO)	83	3	✓	✓	✓
165	Sanford Health Plan (HMO)	82	3	✓		
234	UnitedHealthcare Insurance (PPO)	81	3			
234	UnitedHealthcare Services (PPO)	81	3			
314	UnitedHealthcare Plan of the River Valley (HMO/POS)	80	3			
314	UnitedHealthcare Services of the River Valley (HMO/POS)	80	3			
384	Cigna Health and Life Insurance (PPO)	78	3			
384	Connecticut General Life Insurance (Cigna) (PPO)	78	3			
384	Aetna Life Insurance (PPO)	78	3			
468	Coventry Health Care of Iowa (HMO/POS) ³	66	3	✓		
478	Coventry Health and Life Insurance (PPO) ³	64	3	✓		
KANSAS						
136	Blue Cross and Blue Shield of Kansas City, Good Health HMO (HMO)	83	3			
179	UnitedHealthcare of the Midwest (HMO/POS)	82	3			
236	Humana Health Plan - Kansas City (HMO/POS)	81	3			
267	Aetna Health (Pennsylvania) (HMO/POS)	81	3			
340	Humana Insurance (PPO)	80	3		✓	
342	Cigna Health and Life Insurance (PPO)	80	3			
342	Connecticut General Life Insurance (Cigna) (PPO)	80	3			
354	Blue Cross and Blue Shield of Kansas City (PPO)	79	3			
388	UnitedHealthcare Insurance (PPO)	78	3			
388	UnitedHealthcare Services (PPO)	78	3			
390	Aetna Life Insurance (PPO)	78	3			
464	Coventry Health Care of Kansas (Kansas) (					