

American Experiences Survey:

A Nationally Representative Multi-Mode Survey

October 2021 Omnibus Results

Overview of Methodology

Each month, Consumer Reports fields the American Experiences Survey (AES) to track consumer attitudes and behaviors over time. October results are based on interviews conducted from October 12 - 21, 2021. This document includes the full survey, which covers topics related to COVID-19, large smart appliances, car buying, home maintenance, health-related habits over the pandemic, and inflation.

The survey was administered by NORC at the University of Chicago through its AmeriSpeak® Panel to a nationally representative sample. Interviews were conducted in English and in Spanish, and were administered both online and by phone. In total NORC collected 2,036 interviews, 1,925 by web mode and 111 by phone mode, 1,973 in English and 63 in Spanish. Final data are weighted by age, gender, race/Hispanic ethnicity, housing tenure, telephone status, education, and Census Division to be proportionally representative of the US adult population.

The margin of error for results based on the total sample is +/- 2.98 percentage points at the 95% confidence level. Smaller subgroups will have larger error margins, and only those subgroups for which there are at least 100 unweighted cases are included.

TOPLINE RESULTS WITH MONTHLY TRENDS

The October omnibus contained six blocks of questions (items on COVID-19, large smart appliances, car buying, home maintenance, health-related habits over the pandemic, and inflation). Respondents saw the COVID-19 block first, followed by the other five sections in a randomized order.

The questions presented below were shown to respondents in this order within sections unless otherwise noted. Where appropriate, question verbiage, response answer choices, or direction of scales were randomized or rotated and those instances are noted below.

Also shown, where available, are trends over time. Not every item was asked on every recent omnibus survey, and where minor revisions to the wording of an item or response choices were made, they are noted below. Note these changes may impact comparability of results.

Prepared by CR Survey Research Department, October 2021

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Survey Notes for Monthly Trends

October 2021 results are based on interviews conducted from October 12-21 with a nationally representative sample of 2,036 US adults.

September 2021 results are based on interviews conducted from September 13-22 with a nationally representative sample of 2,341 US adults.

August 2021 results are based on interviews conducted from August 6-17 with a nationally representative sample of 2,165 US adults.

July 2021 results are based on interviews conducted from July 12-21 with a nationally representative sample of 2,184 US adults.

June 2021 results are based on interviews conducted from June 11-22 with a nationally representative sample of 2,280 US adults.

May 2021 results are based on interviews conducted from May 7-17 with a nationally representative sample of 2,079 US adults.

April 2021 results are based on interviews conducted from April 9-19 with a nationally representative sample of 2,288 US adults.

March 2021 results are based on interviews conducted from March 4-15 with a nationally representative sample of 2,144 US adults.

February 2021 results are based on interviews conducted from February 4-15 with a nationally representative sample of 2,514 US adults.

January 2021 results are based on interviews conducted from January 7-19 with a nationally representative sample of 2,223 US adults.

December 2020 results are based on interviews conducted from December 10-21 with a nationally representative sample of 2,982 US adults.

November 2020 results are based on interviews conducted from November 5-16 with a nationally representative sample of 2,851 US adults.

October 2020 results are based on interviews conducted from October 8-26 with a nationally representative sample of 2,670 US adults.

September 2020 results are based on interviews conducted from September 11-21 with a nationally representative sample of 2,303 US adults.

August 2020 results are based on interviews conducted from August 7-19 with a nationally representative sample of 2,236 US adults.

July 2020 results are based on interviews conducted from July 9-20 with a nationally representative sample of 2,031 US adults.

June 2020 results are based on interviews conducted from June 4-16 with a nationally representative sample of 1,014 US adults.

May 2020 results are based on interviews conducted from May 8-18 with a nationally representative sample of 2,085 US adults.

COVID-19

COVCONCERNNOW.

How concerned or not concerned are you about COVID-19 continuing to spread in your local area over the <u>next month</u>?

	OCTOBER 2021 AES	SEPTEMBER 2021 AES	AUGUST 2021 AES	JULY 2021 AES	JUNE 2021 AES	MAY 2021 AES	APRIL 2021 AES	MARCH 2021 AES	FEBRUARY 2021 AES
	Total	Total	Total	Total	Total	Total	Total	Total	Total
	%	%	%	%	%	%	%	%	%
Very concerned	26	41	40	25	14	19	28	30	40
Somewhat concerned	41	35	36	34	35	34	38	34	36
Not too concerned	24	16	15	25	33	33	22	25	17
Not concerned at all	9	9	9	16	17	15	12	11	7
Base: All respondents	2,032	2,338	2,164	2,178	2,278	2,078	2,287	2,140	2,514

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	DECEMBER 2020 AES	NOVEMBER 2020 AES	OCTOBER 2020 AES	SEPTEMBER 2020 AES	AUGUST 2020 AES	JULY 2020 AES	JUNE 2020 AES	MAY 2020 AES
	Total	Total	Total	Total	Total	Total	Total	Total
	%	%	%	%	%	%	%	%
Very concerned	51	51	44	42	44	53	41	41
Somewhat concerned	30	30	32	33	34	29	34	36
Not too concerned	13	14	17	18	16	12	16	18
Not concerned at all	6	5	6	7	6	5	8	6
Base: All respondents	2,977	2,850	2,668	2,300	2,233	2,031	1,014	2,082

Note: May and June 2020 AES did not emphasize the words "next month" as there was no COVCONCERN6MOS to contrast with.

COVCONCERN6MOS.

How concerned or not concerned are you about COVID-19 continuing to spread in your local area over the next-6 months?

	OCTOBER	SEPTEMBER	AUGUST	JULY	JUNE	MAY	APRIL	MARCH
	2021 AES	2021 AES	2021 AES	2021 AES	2021 AES	2021 AES	2021 AES	2021 AES
	Total	Total	Total	Total	Total	Total	Total	Total
	%	%	%	%	%	%	%	%
Very concerned	24	39	38	25	15	17	26	26
Somewhat concerned	43	36	37	34	34	35	37	36
Not too concerned	24	17	16	24	34	32	25	27
Not concerned at all	10	8	10	17	17	16	12	12
Base: All respondents	2,003	2,311	2,144	2,162	2,251	2,055	2,275	2,123

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	FEBRUARY 2021 AES	DECEMBER 2020 AES	NOVEMBER 2020 AES	OCTOBER 2020 AES	SEPTEMBER 2020 AES	AUGUST 2020 AES	JULY 2020 AES
	Total	Total	Total	Total	Total	Total	Total
	%	%	%	%	%	%	%
Very concerned	35	44	49	45	41	44	53
Somewhat concerned	38	34	32	31	35	33	29
Not too concerned	20	15	14	18	17	17	13
Not concerned at all	8	6	6	7	7	6	6
Base: All respondents	2,505	2,948	2,809	2,643	2,282	2,214	2,031

COVVACCINE.

Have you gotten a COVID-19 vaccine?

Please respond "Yes" if you have gotten at least one dose.

	OCTOBER	SEPTEMBER	JUNE	MAY	APRIL	MARCH	FEBRUARY	JANUARY
	2021 AES	2021 AES	2021 AES	2021 AES	2021 AES	2021 AES	2021 AES	2021 AES
	Total	Total	Total	Total	Total	Total	Total	Total
	%	%	%	%	%	%	%	%
Yes	77	74	69	64	58	30	17	5
No	23	26	31	36	42	70	83	95
Base: All respondents	2,017	2,330	2,270	2,061	2,283	2,133	2,512	2,221

Note: Prior to September 2021, the question came with an introduction reading "As of April 19th, all American adults are eligible for vaccines to protect against COVID-19." Prior to May 2021, there was no note at about "at least one dose" and the stem read "will be eligible" instead of "are eligible." Prior to April 2021, the question came with an introduction saying "Vaccines to protect against COVID-19 are currently in the early stages of distribution."

COVVACCOURSE. [SHOW IF COVVACCINE = "YES."]

Have you had a <u>full course</u> of the COVID-19 vaccine?

For the Pfizer or Moderna vaccine, this means having had both shots; for the Johnson & Johnson vaccine, it means having had the single shot.

	OCTOBER	SEPTEMBER	JUNE	MAY	APRIL
	2021 AES	2021 AES	2021 AES	2021 AES	2021 AES
	Total	Total	Total	Total	Total
	%	%	%	%	%
Yes	96	96	96	88	76
No	4	4	4	12	24
Base: Respondents who have had at least one dose of a					
COVID-19 vaccine	1,581	1,837	1,659	1,363	1,432

COVVACBOOST. [SHOW IF COVVACCOURSE = "YES."]

The Center for Disease Control has recommended that some vaccinated people get a booster shot to strengthen portection against new variants of COVID-19, including the Delta variant. Currently, it is recommended for people 65 and older and for people with underlying conditions.

Do you plan to get a COVID-19 booster shot if one becomes available to you?

	Total
	%
Yes	71
No	19
I have already received a booster shot	10
Base: Respondents who have had a full course of a COVID-19 vaccine	1,537

LARGE SMART APPLIANCES

SA_INTRO.

This section is about large "smart" appliances. Smart are appliances that can connect to the internet and be controlled remotely.

SA1. [ITEMS RANDOMIZED ACROSS TWO SCREENS, WITH "WASHING MACHINE" AND "CLOTHES DRYER" SHOWING TOGETHER IN THAT ORDER. FOR TELEPHONE INTERVIEWS, WORDING WAS "IF YOU DON'T OWN ONE, PLEASE LET ME KNOW" AND "IF YOU HAVE MORE THAN ONE, PLEASE TELL ME ABOUT THE ONE YOU USE MOST OFTEN.".]

For each of the following large appliances that you may have in your home, please indicate whether the one you have is smart and currently connected to your home internet; smart and not connected to the internet; you're not sure if it's a smart or a regular appliance; or you are sure it's a regular appliance. If you don't own one, please indicate that below as well.

If you have more than one, please tell us about the one you use most often.

	Total
	%
	70
Dishwasher	
Smart and currently connected to the internet	1
Smart but not currently connected to the internet	4
Not sure if it is smart or not	4
Not smart	70
Do not own this appliance	21
Base: All respondents	2,025
Washing machine	
Smart and currently connected to the internet	2
Smart but not currently connected to the internet	7
Not sure if it is smart or not	6
Not smart	75
Do not own this appliance	9
Base: All respondents	2,027
Clothes dryer	
Smart and currently connected to the internet	3
Smart but not currently connected to the internet	6
Not sure if it is smart or not	5
Not smart	77
Do not own this appliance	10
Base: All respondents	2,028
Refrigerator	
Smart and currently connected to the internet	2
Smart but not currently connected to the internet	4
Not sure if it is smart or not	6
Not smart	83
Do not own this appliance	5
Base: All respondents	2,026

Range (stovetop over oven)	
,,	Total
Smart and currently connected to the internet	1
Smart but not currently connected to the internet	3
Not sure if it is smart or not	4
Not smart	81
Do not own this appliance	11
Base: All respondents	2,022
Cooktop (stovetop without attached oven)	
Smart and currently connected to the internet	1
Smart but not currently connected to the internet	2
Not sure if it is smart or not	4
Not smart	57
Do not own this appliance	36
Base: All respondents	2,020
Wall oven	
Smart and currently connected to the internet	1
Smart but not currently connected to the internet	2
Not sure if it is smart or not	4
Not smart	50
Do not own this appliance	43
Base: All respondents	2,020
Over-the-range microwave	
Smart and currently connected to the internet	1
Smart but not currently connected to the internet	4
Not sure if it is smart or not	3
Not smart	67
Do not own this appliance	25
Base: All respondents	2,020

SA2. [SHOW IF ANY APPLIANCE IN SA1 = "SMART AND CURRENTLY CONNECTED TO THE INTERNET."]

You said that you have at least one smart large appliance that is currently connected to the internet. Do you ever use the internet-connected features?

By "internet-connected features," we mean the ability to control the appliance and receive status updates about your appliance from a smartphone, smart speaker, or other internet-connected device.

	Total
	%
Yes	80
No	20
Base: Respondents who have at least one of the appliances in SA1 connected to the internet	108

SA3. [ROTATE ORDER OF "NOT WORRIED" AND "VERY WORRIED" IN QUESTION STEM AND ROTATE RESPONSE SCALE TO MATCH.]

When thinking about these smart large appliances and their connection to the internet, would you say you are not worried at all, somewhat worried, or very worried about <u>privacy</u> (for example, tracking your habits)?

	Total
	%
Not worried at all	42
Somewhat worried	42
Very worried	16
Base: All respondents	2,021

SA4. [ROTATE ORDER OF "NOT WORRIED" AND "VERY WORRIED" IN QUESTION STEM AND ROTATE RESPONSE SCALE TO MATCH.]

When thinking about these smart large appliances and their connection to the internet, would you say you are not worried at all, somewhat worried, or very worried about potential <u>security issues</u> (for example, hacks to the network that compromise your personal information, your connected devices, etc.)?

	Total
	%
Not worried at all	35
Somewhat worried	46
Very worried	19
Base: All respondents	2,011

BUYING CARS/TRADE-INS

CAR1. ["NO" IS EXCLUSIVE.]

Have you purchased any vehicles in the past year?

Select all that apply.

	Total
	%
Yes, new	11
Yes, used	17
Yes, new Yes, used No	73
Base: All respondents	2,036

CAR1. [SHOW IF CAR1 = "YES, USED." RANDOMIZE RESPONSE OPTIONS, KEEPING "NEW VEHICLES ARE USUALLY OUT OF MY PRICE RANGE," "PRICES FOR NEW VEHICLES HAVE RISEN BEYOND MY BUDGET," AND "MY BUDGET CONCERNS DURING THE PANDEMIC HAVE PUT NEW CARS OUT OF MY PRICE RANGE" TOGETHER, WITH "USUALLY OUT MY PRICE RANGE" SHOWN FIRST. HOLD "OTHER" AT END.]

Which, if any, of the following are reasons you opted to buy a used vehicle?

If you have purchased more than one used vehicle in the past year, please tell us about the one you purchased <u>most recently.</u>

Select all that apply.

	Total
	%
I usually buy my vehicles used	45
Used vehicles offer more value for the money	40
New vehicles are usually out of my price range	39
Prices for new vehicles have risen beyond my budget	29
My budget concerns during the pandemic have put new cars out of my price range	17
There were more options in the used market	14
The vehicle I wanted wasn't available new	6
Other, please specify:	11
Base: Respondents who purchased a used vehicle in the past year.	335

CAR3. [SHOW IF CAR1 = EITHER "YES." RANDOMLY ROTATE RESPONSE SCALE FROM "MUCH LESS" TO "MUCH MORE," ALWAYS KEEPING "I DIDN'T HAVE ANY EXPECTATIONS" AT END.]

Thinking about the vehicle you purchased in the last year, how did the price you paid compare to your expectations?

If you have purchased more than one vehicle in the past year, please tell us about the one you purchased most recently.

	Total
	%
It cost <u>much less</u> than I expected	5
It cost <u>less</u> than I expected	11
It cost <u>about what</u> I expected	45
It cost <u>more</u> than I expected	22
It cost <u>much more</u> than I expected	11
I didn't have any expectations about how much it would cost	6
Base: Respondents who purchased a vehicle in the past year	516

CAR4. [SHOW IF CAR1 = EITHER "YES." RANDOMIZE RESPONSE OPTIONS, KEEPING "ONLINE CLASSIFIEDS LISTING," "FACEBOOK MARKETPLACE," AND "CRAIGSLIST" TOGETHER WITH "ONLINE CLASSIFIEDS" FIRST. "AT A USED CAR DEALERSHIP" ONLY SHOWS WHEN CAR1 = "YES, USED." "OTHER" ALWAYS COMES LAST.]

Where did you buy the vehicle you purchased in the last year?

Please select the response that <u>best</u> describes where you purchased your vehicle.

If you have purchased more than one vehicle in the past year, please tell us about the one you purchased most recently.

	Total
	%
At a new car dealership (including CarMax)	41
At a used car dealership (including CarMax)	20
From someone I know personally	10
Through Craigslist	6
Through Facebook Marketplace	5
From someone I did not know, but I learned about through a message board, sign on a car, or some other form of peer-to-	
peer advertising that is not a classified listing	5
Through an online classifieds listing, such as Autotrader (not including Facebook Marketplace or Craigslist)	4
On a website like Carvana, Vroom, or AutoNation	4
Other, please specify:	5
Base: Respondents who purchased a vehicle in the past year	515

Note: "At a used car dealership" was only shown to people who purchased a used car. The 20% shown here is out of all Americans who purchased a vehicle in the past year; it is 31% among Americans who purchased a used vehicle in the past year (n = 334).

CAR5. [SHOW IF CAR1 = EITHER "YES."]

Have you traded in a vehicle in the past year?	
	Total
	%
Yes	33
No	67
Base: Respondents who purchased a vehicle in the past year	518

CAR6. [SHOW IF CAR5 = "YES." RANDOMLY ROTATE RESPONSE SCALE FROM "MUCH LESS" TO "MUCH MORE," ALWAYS KEEPING "I DIDN'T HAVE ANY EXPECTATIONS" AT END.]

You said that you traded in a vehicle in the past year. How did the value of your trade-in compare to your expectations?

If you traded in more than one vehicle, please tell us about the one you traded in most recently.

	Total
	%
I received <u>much less</u> than I thought it was worth	13
I received <u>less</u> than I thought it was worth	19
I received <u>about what</u> I thought it was worth	35
I received <u>more</u> than I thought it was worth	19
I received <u>much more</u> than I thought it was worth	11
I didn't have any expectations around what it was worth	2
Base: Respondents who traded in a vehicle in the past year	176

CAR7. [SHOW IF CAR1 = EITHER "YES." ONLY SHOW "TRADED IN A VEHICLE SOONER" IF CAR5 = "YES." "NONE OF THESE" IS EXCLUSIVE.]

In which, if any, of the following ways did vehicle pricing and availability during the pandemic impact your vehicle purchase(s)?

Select all that apply.

	Total
	%
I delayed my purchase	15
I settled for a different model than what I originally wanted	15
I settled for a different trim or features than what I originally wanted	12
I traded in a vehicle sooner than I had planned to take advantage of higher trade-in value	5
None of these	60
Base: Respondents who purchased a vehicle in the past year	519

Note: "I traded in a vehicle sooner" was only shown to people who said they had traded in a vehicle in the past year. The 5% shown here is out of all Americans who purchased a vehicle in the past year; among Americans who traded in a vehicle, it is 14%.

HOME MAINTENANCE

[NOTE: THIS SECTION ONLY WAS ONLY SHOWN TO PEOPLE WHO SAID THAT THIR HOME IS OWNED OR BEING BOUGHT BY SOMEONE IN THEIR HOUSEHOLD IN THE PRELOADED PANEL DEMOGRAPHIC INFORMATION.]

MAINT1. ["DON'T KNOW OR DIDN'T RESPOND" WAS NOT A RESPONSE OPTION, BUT REFLECTS VOLUNTEERED RESPONSES.]

About how long have you owned your home?	
	Total
	%
Less than one year	10
One year to less than two years	7
Two years to less than five years	13
Five years to less than ten years	18
Ten or more years	48
Don't know or didn't respond	5
Base: Respondents who own their homes	1,300

MAINT2. ["DON'T KNOW OR DIDN'T RESPOND" WAS NOT A RESPONSE OPTION, BUT REFLECTS VOLUNTEERED RESPONSES.]

How old were you when you purchased your first home?	
	Total
	%
Net age categories	
18 to 29	53
30 to 44	33
45 to 59	5
60+	2
Don't know or didn't respond	7
Base: Respondents who own their homes	1,300

Note: Responses between 18 and 70 were allowed, and half of survey respondents provided their answer via a dropdown of ages and half by typing an age into a number textbox (input method was randomly assigned). They are condensed into the categories here for brevity.

MAINT3. ["DON'T KNOW OR DIDN'T RESPOND" WAS NOT A RESPONSE OPTION, BUT REFLECTS VOLUNTEERED RESPONSES.]

About how much do you spend in a typical year on home maintenance?

By "home maintenance," we mean doing things to keep the house in good shape inside and out. This could include things like cleaning gutters, servicing HVAC systems, steam-cleaning carpets, testing smoke detectors, etc. It <u>excludes</u> major remodels or repairs from major damage.

	Total
	%
Less than \$500	16
\$500 to less than \$1,000	27
\$1,000 to less than \$2,500	29
\$2,500 to less than \$5,000	18
\$5,000 to less than \$10,000	4
\$10,000 or more	2
Don't know or didn't respond	4
Base: Respondents who own their homes	1,300

MAINT4.

How much do you typically <u>budget</u> for home maintenance per year?	
	Total
	%
Less than \$500	8
\$500 to less than \$1,000	18
\$1,000 to less than \$2,500	24
\$2,500 to less than \$5,000	15
\$5,000 to less than \$10,000	4
\$10,000 or more	1
I do not budget for home maintenance	30
Base: Respondents who own their homes	1,278

MAINT5. [RESPONSE OPTIONS SHOWED IN ALPHABETICAL ORDER, WITH "OTHER" AND "NOT DONE ANY HOME MAINTENANCE" AT END IN THAT ORDER. "NOT DONE ANY HOME MAINTENANCE" IS EXCLUSIVE.]

Which, if any, of the following home maintenance expenses have you incurred in the past year?

Select <u>all</u> that apply.

	Total
	%
Appliance maintenance, such as changing filters, cleaning gaskets, and checking gas and electric lines	53
Fertilizing lawn or garden	40
Plumbing work	34
Touching up paint (indoors or out), excluding full repainting/remodeling projects	34
HVAC maintenance or replacement	33
Smoke or carbon monoxide detector upkeep, such as testing the alarms or replacing batteries	30
Gutter cleaning or repairs	26
Power washing	22
Checking caulking and seal on windows	21
Outdoor lighting installation/maintenance/repair	20
Roof repair, such as replacing missing shingles	15
Repairs or testing of electrical work (not renovation-related)	12
Sealing a deck, countertops, or cabinets	11
Steam-vac/carpet cleaner rental	9
Work on house's foundation, such as repairing cracks, checking grading, and making sure water is flowing away from the	
foundation	9
Siding repair	7
Chimney cleaning service	5
Radon or CO2 testing	3
Other, please specify:	7
I have not done any home maintenance in the past year	10
Base: Respondents who own their homes	1,300

HEALTH HABITS

HEALTH1. [RANDOMIZE ITEMS ACROSS TWO SCREENS, KEEPING "KINDS OF FOOD" AND "AMOUNT OF FOOD" TOGETHER. RANDOMLY ROTATE "A GOOD WAY" AND "A BAD WAY" IN QUESTION STEM AND ROTATE RESPONSE SCALE TO MATCH.]

The COVID-19 pandemic has meant many changes in people's physical and mental well-being, both good and bad. For each of the following, please indicate if your current behavior is different from that before the pandemic in a good way, a bad way, or if there is no difference.

	Total
	%
The kinds of food you eat	
,, ,	
Good	23
Bad	19
No difference	58
Base: All respondents	2,028
The amount of food you eat	
The amount of food you cat	
Good	20
Bad	21
No difference	59
Base: All respondents	2,025
Quality of sleep	
Good	15
Bad	30
No difference	56
Base: All respondents	2,028
Level of physical activity	
	Total
Good	24
Bad	32
No difference	44
Base: All respondents	2,027
Level of anxiety	
zere. Of anniety	
Good	9
Bad	42
No difference	49
Base: All respondents	2,025
Frequency experiencing low mood	
Good	9
Bad	35
No difference	57
Base: All respondents	2,028

HEALTH1. [CONTINUED.]

Relationships with loved ones	
	Total
Good	26
Bad	18
No difference	56
Base: All respondents	2,032
Time spent using screens (TV, computer, video games, phone, etc.)	
Good	17
Bad	33
No difference	50
Base: All respondents	2,025

HEALTH2.

Have you made any changes to your habits over the pandemic with the goal of improving your physi	ical or mental health?
	Total
	%
Yes	47
No	53
Base: All respondents	2,028

HEALTH3. [SHOW IF HEALTH2 = "YES." RANDOMIZE ITEMS, KEEPING "EATING MORE HEALTHY FOOD" AND "EATING MINDFULLY" TOGETHER, KEEPING "USING EXERCISE EQUIPMENT" AND "GETTING REGULAR PHYSICAL ACTIVITY" TOGETHER, AND KEEPING "OTHER" AT END.]

You said that you have made some changes to your habits over the pandemic to improve your physical or mental health. Which, if any, of the following are <u>changes</u> you have made since the beginning of the pandemic?

Select <u>all</u> that apply.

	Total
	%
Eating more healthy food	55
Getting regular physical activity, such as walking, jogging, biking, or swimming, more	55
Getting up and moving throughout the day more often	51
Eating mindfully, such as only eating when hungry, only eating at meals, checking nutrition information more, etc.	43
Using exercise equipment, such as weights, a yoga mat, or an exercise bike, more	35
Engaging in mood-boosting activities, such as meditation, more often	29
Using apps designed to improve mental and/or physical health more often	20
Other, please specify:	10
Base: Respondents who said they had made changes to their habits over the pandemic to improve health	1,003

HEALTH4.

Are you currently working with a professional, such as a doctor, dietician, or therapist, to improve your physical or mental health?

Total

We so, since before the pandemic
Yes, starting during the pandemic
No

Base: All respondents

An or therapist, to improve your physical or mental me

INFLATION

INFLATION1. [RANDOMIZE ITEMS ACROSS TWO SCREENS, SIX ON THE FIRST SCREEN, FIVE ON THE SECOND. RANDOMLY ROTATE RESPONSE OPTIONS FROM "LARGE DECREASE" TO "LARGE INCREASE," HOLDING "NOT APPLICABLE" AT END.]

Have you noticed a change in prices for goods or services in any of the following categories over the past year?

	Total
	%
Clothes	
Net decrease	4
Large decrease in price	1
Slight decrease in price	3
No change in price	23
Net increase	57
Slight increase in price	40
Large increase in price	18
Not applicable/don't buy this often enough to know	17
Base: All respondents	2,023

INFLATION1. [CONTINUED.]

Gas for your car	
dus joi your cur	Total
Net decrease	5
Large decrease in price	3
Slight decrease in price	2
No change in price	3
Net increase	87
Slight increase in price	28
Large increase in price	59
Not applicable/don't buy this often enough to know	5
Base: All respondents	
base. All respondents	2,028
Airfare	
Net decrease	10
Large decrease in price	3
Slight decrease in price	7
No change in price	10
Net increase	31
Slight increase in price	17
Large increase in price	14
Not applicable/don't buy this often enough to know	49
Base: All respondents	2,015
Medical care	
Net decrease	3
Large decrease in price	1
Slight decrease in price	2
No change in price	29
Net increase	43
Slight increase in price	25
Large increase in price	19
Not applicable/don't buy this often enough to know	24
Base: All respondents	2,019
Rent	
Net decrease	3
Large decrease in price	2
Slight decrease in price	2
No change in price	18
Net increase	37
Slight increase in price	15
Large increase in price	22
Not applicable/don't buy this often enough to know	42
Base: All respondents	2,018

INFLATION1. [CONTINUED.]

Groceries	
Groceries	Total
Net decrease	5
Large decrease in price	2
Slight decrease in price	2
No change in price	8
Net increase	86
Slight increase in price	34
Large increase in price	52
Not applicable/don't buy this often enough to know	2
Base: All respondents	
base: All respondents	2,030
Dining out	
Net decrease	4
Large decrease in price	2
Slight decrease in price	3
No change in price	11
Net increase	73
Slight increase in price	43
Large increase in price	30
Not applicable/don't buy this often enough to know	12
Base: All respondents	2,024
Electronics	
Net decrease	4
Large decrease in price	1
Slight decrease in price	3
No change in price	12
Net increase	52
Slight increase in price	31
Large increase in price	21
Not applicable/don't buy this often enough to know	32
Base: All respondents	2,016
Home improvement	
Net decrease	3
Large decrease in price	2
Slight decrease in price	1
No change in price	8
Net increase	64
Slight increase in price	21
Large increase in price	43
Not applicable/don't buy this often enough to know	25
processor and thought of the chough to know	

INFLATION1. [CONTINUED.]

Toys and games	
	Total
Net decrease	3
Large decrease in price	1
Slight decrease in price	2
No change in price	15
Net increase	38
Slight increase in price	23
Large increase in price	15
Not applicable/don't buy this often enough to know	44
Base: All respondents	2,014
Home exercise equipment	
Net decrease	3
Large decrease in price	1
Slight decrease in price	2
No change in price	10
Net increase	25
Slight increase in price	12
Large increase in price	13
Not applicable/don't buy this often enough to know	62
Base: All respondents	2,014

INFLATION2. [RANDOMIZE ITEMS AND ROTATE RESPONSE SCALE IN SAME ORDER AS INFLATION1. "DON'T KNOW OR DIDN'T RESPOND" WAS NOT A RESPONSE OPTION, BUT REFLECTS VOLUNTEERED RESPONSES.]

In what way, if at all, do you expect prices will change for goods and services in each of the following categories over the next year?

	Total
	%
Clothes	
Net decrease	7
Large decrease in price	2
Slight decrease in price	5
No change in price	17
Net increase	74
Slight increase in price	43
Large increase in price	31
Don't know or didn't respond	2
Base: All respondents	2,036

INFLATION2. [CONTINUED.]

Gas for your car	
Gus joi your cur	Total
Net decrease	7
Large decrease in price	2
Slight decrease in price	5
No change in price	17
Net increase	73
Slight increase in price	42
Large increase in price	31
Don't know or didn't respond	3
Base: All respondents	2,036
	2,030
Airfare	
Net decrease	6
Large decrease in price	2
Slight decrease in price	5
No change in price	17
Net increase	74
Slight increase in price	39
Large increase in price	34
Don't know or didn't respond	3
Base: All respondents	2,036
Medical care	
Net decrease	5
Large decrease in price	2
Slight decrease in price	4
No change in price	16
Net increase	<i>76</i>
Slight increase in price	41
Large increase in price	35
Don't know or didn't respond	3
Base: All respondents	2,036
Rent	
Net decrease	6
Large decrease in price	2
Slight decrease in price	4
No change in price	17
Net increase	74
Slight increase in price	39
Large increase in price	35
Don't know or didn't respond	3

INFLATION2. [CONTINUED.]

Groceries	
	Total
Net decrease	6
Large decrease in price	2
Slight decrease in price	4
No change in price	17
Net increase	74
Slight increase in price	38
Large increase in price	36
Don't know or didn't respond	3
Base: All respondents	2,036
Dining out	
Net decrease	6
Large decrease in price	2
Slight decrease in price	4
No change in price	16
Net increase	<i>77</i>
Slight increase in price	43
Large increase in price	35
Don't know or didn't respond	2
Base: All respondents	2,036
Electronics	
Net decrease	6
Large decrease in price	2
Slight decrease in price	4
No change in price	15
Net increase	78
Slight increase in price	42
Large increase in price	35
Don't know or didn't respond	2
Base: All respondents	2,036
Home improvement	
Net decrease	5
Large decrease in price	1
Slight decrease in price	4
No change in price	16
Net increase	77
Slight increase in price	40
Large increase in price	37
Don't know or didn't respond	2
Base: All respondents	2,036

INFLATION2. [CONTINUED.]

Toys and games	
Toys und games	Total
Mad de sus uses	Total
Net decrease	5
Large decrease in price	2
Slight decrease in price	3
No change in price	16
Net increase	76
Slight increase in price	40
Large increase in price	36
Don't know or didn't respond	3
Base: All respondents	2,036
Home exercise equipment	
Net decrease	6
Large decrease in price	2
Slight decrease in price	4
No change in price	17
Net increase	75
Slight increase in price	38
Large increase in price	37
Don't know or didn't respond	2
Base: All respondents	2,036

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