The Woman's Hospital of Texas is one of the region's leading providers of obstetrical care as evidenced by the 11,329 babies delivered in 2015. As a large tertiary center, many times a patient will present or be referred with complex issues requiring high risk care. This may ultimately result in a C-section delivery to ensure a safe outcome for the mom and baby. Our focus is always on the patient, therefore our physicians provide care that is specific to each patient and her baby. Through our ongoing Quality Improvement activities C-sections are reviewed to ensure medical necessity. Whether delivery is by C-section or a vaginal birth, the decision is based on informed consent between the patient and physician. The common goal for each patient is to have an excellent outcome.

We are very proud of the care we provide and of our significant ongoing perinatal safety efforts ensuring the health of moms and babies. The Woman's Hospital of Texas continually works with partners such as The March of Dimes to further improve outcomes in obstetrical care. For example, studies have shown that babies born at 39 weeks or later are healthier than those born before 39 weeks. We are proud that we've been a leader in reducing elective, early-term deliveries and implementing clinical protocols that lead to the best possible outcomes for our patients.